



CITB Site Management Safety Training Scheme Refresher

(SMSTS) Refresher



Introduction

This course aims to bring health and safety knowledge up to date, as well as giving a thorough overview of the legislative changes and their impact in the workplace. Including a wide range of topics, this refresher course builds on the previous five-day course programme.

This course is endorsed by Build UK as the standard training for all construction managers.



Course Duration

SSG offer this course over two days as a classroom or virtual course.



Course Attendees

The CITB Site Management Safety Training Scheme has an expiry date of five years. Holders of the SMSTS certificate must attend this two-day refresher course every five years to renew their certification.

Note

Delegates must be competent in English at the management level to complete this course.



Course Programme

At the end of the training delegates will be aware of and be able to implement:

- All updated health, safety, welfare and environmental legislation which affects their role as a manager
- New guidance and industry best practice affected by changes
- Their duties and responsibilities regarding health, safety, welfare and the environment

The course will cover the following modules:

Module 1:

- Health and safety law
- Health and Safety at Work Act
- Construction (Design and Management) regulations
- Health and safety policies
- Risk assessments and method statements

- Induction and training
- Effective communication
- Leaderships and worker engagement
- Inspection and audit
- Statutory forums, notices and registers
- Accident prevention, control, reporting and investigation

Module 2:

- Management of health
- Welfare facilities
- Stress and mental health at work
- Drugs and alcohol
- Control of substances hazardous to health
- Lead, asbestos, dust and fumes, noise, vibration, manual handling

Module 3:

- Site organisation
- Fire prevention and control
- Electrical safety
- Temporary works
- Plant and work equipment
- Mobile plant and vehicles
- Lifting operations and equipment
- Mobile workforce and driver safety

Module 4:

- Work at height regulations
- Safe working at height
- Common access equipment
- Scaffolding
- Fall arrest and suspension equipment
- Excavations
- Underground and overhead services
- Confined spaces



Training Certification and Assessment

The method of assessment will be by multiple-choice and written questions at the end of the course. Successful delegates will receive a CITB certificate valid for five years.



Suggested Follow on and Complementary Courses

- NEBOSH Health and Safety Management for Construction (UK)
- Managing and Inspecting Scaffolds
- First Aid at Work