



NEBOSH HSE Certificate

in Manual Handling Risk Assessment



Introduction

The NEBOSH HSE Certificate in Manual Handling Risk Assessment is a qualification for those who want to recognise, assess and reduce manual handling risks in the workplace.

The syllabus has been developed by NEBOSH in conjunction with the HSE and is based on published HSE guidance.



Course Duration

SSG offer this course over one day as a classroom or virtual course, with a minimum of six hours of study and one hour assessment.



Course Attendees

This course is suitable for health and safety professionals, workplace champions, employee representatives and occupational health practitioners.

Delegates need to bring with them photo ID to confirm their identity – either a passport, driving licence or national ID card.



Course Programme

Unit MHR1

- Principles of manual handling
- Managing manual handling risk: identification of manual handling risk
- Managing manual handling risk: control of risk



Training Certification and Assessment

Delegates will be required to observe a manual handling activity and assess it using HSE manual handling assessment charts. The assessment is either a pass or refer. On successful completion of this course delegates will receive a NEBOSH certificate.



Suggested Follow on and Complementary Courses

- NEBOSH National General Certificate in Occupational Health and Safety
- NEBOSH Health and Safety Management for Construction (UK)