



PASMA Low Level Access



Introduction

The assembling, dismantling and relocation of low-level access units is potentially extremely dangerous if the correct safe working procedures are not followed. This course is aimed at improving knowledge and enhancing ability to use low-level access mobile towers safely.



Course Duration

SSG offer this course over a half day as a classroom course.



Course Attendees

This course is suitable for any persons who work from prefabricated units under 2.5m of height. No formal qualifications or experience are necessary but it would be beneficial if delegates had a basic understanding of work at height issues.

Training aids and requirements

Facilities will be provided for the practical element of the course. If held at the client's site, a facility checklist will be provided and the training area will need to be inspected by an SSG representative.

It is **essential** that all delegates attending training are suitably equipped with Personal Protective Equipment (PPE). This **must** include:

- Head protection to BS EN 937 (**mandatory**)
- Foot protection to EN ISO 20345 (**mandatory**)
- High visibility vest or equivalent to EN ISO 20471 class 2 (**mandatory**)

An element of this course involves erecting a mobile tower; PPE is **required** for this training. Delegates should also bring any other PPE they are **required** to wear as dictated by their employer.

Literacy, fitness and health requirements (extract from PASMA Code of Practice)

Since the safe use of mobile access towers requires that delegates consult safety notices and read, and thoroughly understand, the manufacturer's instruction manual, literacy and language comprehension are important requirements for any tower use. Similarly, since the assembly and use of mobile access towers can be physically demanding, users should be physically fit and in good health and should, generally, not have problems with eyesight or hearing, heart disease, high blood pressure, epilepsy, fear of heights / vertigo, giddiness / difficulty with balance, impaired limb function, alcohol or drug dependence or psychiatric illness.

If delegates have any problems with literacy or language comprehension or have any doubts regarding their fitness to use mobile towers, they must bring this to the attention of their employer. This need not preclude them from using mobile access towers provided their employer conducts an assessment and is able to put into place adequate measures to take account of any difficulties they may have.



Course Programme

- Current legislation
- Regulations and guidance affecting work at height with low level access units
- PASMA Code of Practice
- Publicly available specification
- Assembling
- Altering and dismantling
- Current best practice
- Inspection of completed low level units
- Completion of tower inspection records
- Hazards



Training Certification and Assessment

Assessment will be through a practical training sessions as well as an assessment at the end of the course. On successful completion of training, delegates will receive a competency certificate, which is valid for five years. A delegate's digital photo card will be available on the Towersure Inspection app.



Suggested Follow on and Complementary Courses

- PASMA Towers for Users
- Working Safely at Heights
- CITB Site Supervision Safety Training Scheme