



CITB Health and Safety Awareness



Introduction

The health and safety awareness course (HSA) is a one-day programme designed for anyone starting out in the construction industry. It provides a comprehensive introduction to the essential health, safety, welfare and environmental topics relevant to construction sites. The course will help you to understand the legal responsibilities of employers and workers; the most common hazards and risks found on site; and the practical steps that everyone can take to keep themselves and others safe.

This course is endorsed by Build UK as standard training for all operatives on site.

Note

To obtain the CSCS Labourer (Green) card, delegates now need to attend both the CITB Health and Safety Awareness course and complete the touchscreen CITB Health, Safety and Environmental test.



Course Duration

SSG offer this course over one day as a classroom or virtual course.



Course Attendees

The course is aimed at those considering, or already, working within the construction and civil engineering industry.

Note

Delegates must be competent in English at operative level to complete this course.



Course Programme

Completion of this course will give delegates an understanding of:

- General rules, regulations and responsibilities
- Health and welfare
- General safety
- High-risk activities
- Environmental awareness



Training Certification and Assessment

Assessment will be through multiple-choice questions at the end of the course as well as being interactive during the course. Successful delegates will receive a CITB certificate which is valid for five years.



Suggested Follow on and Complementary Courses

- CITB Site Supervision Safety Training Scheme
- CITB Site Management Safety Training Scheme
- Emergency First Aid at Work
- First Aid at Work