



NEBOSH National General Certificate

In Occupational Health and Safety (Distance Learning)



Introduction

The NEBOSH National General Certificate is the most widely held health and safety qualification of its kind in the UK. Many people take the NEBOSH National General certificate as a first step in a career in health and safety. It provides a valuable overview and is a sound basis for further professional study.



Course Duration

An appropriate time scale for undertaking distance learning is 6-12 months depending on the learning undertaken by the individual. Publications can, and do, change annually so additional fees will occur after 12 months.

NEBOSH recommends a minimum of 108 hours' study prior to completing the assessments.



Course Attendees

This course is suitable for managers, supervisors and staff from all types of organisations making day-to-day decisions at work who need a broad understanding of health and safety issues and to be able to manage risks effectively.

Professional membership

Holders of this qualification meet the academic requirements for technical membership. (TechIOSH) of the institute of Occupational Safety and Health (IOSH – www.iosh.co.uk) and associate membership (AIIRSM) of the International Institute of Risk and Safety Management (IIRSM – www.iirsm.org).

Assessments must be taken in the UK to be eligible for IOSH membership.



Course Programme

To successfully achieve the complete National General Certificate in Occupational Health and Safety, delegates must pass all elements of the course syllabus. The syllabus comprises of the following elements:

Unit NG1 – Management of Safety and Health

- Why should we manage workplace health and safety?
- How health and safety management systems work and what they look like
- Managing risk – understanding people and processes
- Health and safety monitoring and measurement

Unit NG2 – Risk Assessment

- Physical and psychological health
- Musculoskeletal health
- Chemical and biological agents
- General workplace issues
- Work equipment
- Fire
- Electricity



Training Certification and Assessment

Delegates will be assessed through an online scenario-based assessment and a practical risk assessment project set by NEBOSH.

Successful delegates will be awarded with the nationally recognised qualification.



Suggested Follow on and Complementary Courses

- NEBOSH Certificate in Fire Safety
- NEBOSH Health and Safety Management for Construction (UK)
- NEBOSH National Diploma for Occupational Health and Safety Management Professionals