

Water Awareness and Safety

In partnership with Devon and Somerset Fire and Rescue and Red One

Introduction

This course is designed to provide personnel who may be working near water with sufficient knowledge to be aware of the hazards created by this environment. During this course, delegates will gain full understanding of related water rescue techniques.

This course is classroom-based, with content being related to their work environment. The training provided in this course will enable students to identify the risks around them and be able to apply safe systems of work to prevent them being placed in danger. The course is compliant with the DEFRA concepts of flood operations Level 1.

Course Duration

SSG are able to offer this course in partnership with Devon and Somerset Fire and rescue service over half a day. This course is delivered at various fire stations across Devon and Somerset.

Course Attendees

It is advisable when working within 3 metres of water that staff are trained in basic rescue techniques and know of emergency procedures. This course is suitable for delegates in the environmental, construction, highways, civil engineering, groundworks or leisure trade.

Note

- Minimum age 18
- Medically fit and healthy
- Previous experience of water or swimming ability is not required

Delegates will need to supply the following:

- Dry suit
- Woolly bear suit – dry underlayer suit
- Dry suit boots
- Gloves
- Helmet- EN1385 Kayak helmet
- PFDs- personal flotation device

Course Programme

Candidates will participate in theory and practical training / assessment covering the following:

- Legislation
- Health & safety
- Personal Protective equipment
- Safe Systems of work
- Use of basic rescue equipment
- All delegates will receive the 'Rescue 3 Water Awareness' manual for post course reference

Training Certification and Assessment

Upon successful completion of the course, a Rescue 3 certification is awarded at awareness water rescue. Students should requalify every three years.

Suggested Follow on and Complementary Courses

- Safe Working Near Water
- Safe Working in Water