



NEBOSH National General Certificate

in Occupational Health and Safety



The NEBOSH National General Certificate is the most widely held health and safety qualification of its kind in the UK. Many people take the NEBOSH National General Certificate as a first step in a career in health and safety. It provides a valuable overview and is a sound basis for further professional study.



Course Duration

SSG offer this over 10 days plus an online scenario-based assessment. It is delivered as a classroom and virtual course; delegates can choose to mix these learning styles throughout the duration of the course. This enables delegates to be flexible with their learning to suit their needs whilst still getting the same quality training, support and communication with tutors and other learners.

When booking, please indicate how you will be attending the first day of the course so we can ensure your learning materials are with you in the right location.

In addition to classroom-based study, delegates will be expected to undertake a minimum of 40 hours' private study time.



This course is suitable for managers, supervisors and staff from all types of organisations making day-to-day decisions at work who need a broad understanding of health and safety issues and to be able to manage risks effectively.

Professional membership

Holders of this qualification meet the academic requirements for technical membership (TechIOSH) of the Institute of Occupational Safety and Health (IOSH – www.iosh.co.uk) and associate membership (AIIRSM) of the International Institute of Risk and Safety Management (IIRSM – www.iirsm.org).

Assessments must be taken in the UK to be eligible for IOSH membership.



Course Programme

Unit NG1 – Management of Safety and Health

Assessed through an online scenario-based assessment

- Why should we manage workplace health and safety?
- · How health and safety management systems work and what they look like
- Managing risk understanding people and processes
- · Health and safety monitoring and measurement

Unit NG2 – Risk assessment

Practical project and assessment

- Physical and psychological health
- Musculoskeletal health
- Chemical and biological agents
- General workplace issues
- Work equipment
- Fire
- Electricity

Training Certification and Assessment

Delegates will be assessed through an online scenario-based assessment and a practical risk assessment project set by NEBOSH.

Successful delegates will be awarded with the nationally recognised qualification.

Suggested Follow on and Complementary Courses

- NEBOSH Certificate in Fire Safety
- NEBOSH Health and Safety Management for Construction (UK)
- NEBOSH National Diploma for Occupational Health and Safety Management Professionals