



City & Guilds 6160-01

Level 2 Award in Working in Low Risk Confined Spaces



Introduction

A number of people are killed and injured in a confined space each year. The Confined Space Regulations 1997 define a confined space as being partially or totally enclosed and containing one or more specified risk that could result in an injury or death.

These are:

- Fire / explosion
- Gas / fumes / vapour / lack of oxygen
- Rise in the level of liquids
- Free-flowing solids
- Rise in body temperature

This course covers legislation, hazards and risks as well as the practical use of escape apparatus and safe access / egress of a confined space. The delegate will also receive guidance to meet the requirements of the Confined Space Regulations 1997.

Confined Space Awareness will only qualify the attendee to work in a low risk confined space and that will be dependent on site rules.

For larger groups, this course can be presented at the client's workplace.



Course Duration

SSG offers this course over one day in partnership with Devon and Somerset Fire and Rescue and Red One.



Course Attendees

This course is suitable for those training to work in the water industry, seeking employment or work or engage in any capacity where awareness of safety in confined spaces is required.

Note

Delegates must be medically fit and healthy and have reached the age of 18.

Delegates are required to bring to the course proof of ID in the form of a valid UK driving licence, passport or CSCS card.



Course Programme

- Knowledge of legislation current to working practices and confined space regulations
- Knowledge of problems relating to gases and gas detection
- Personal protective equipment and hygiene
- Permits to work and safe systems of work
- Practical exercises in working in confined space, search and rescue
- Set up and practical use of access equipment and escape sets



Training Certification and Assessment

Delegates are assessed during and at the end of the day, in particular during practical exercises. Certification is provided by Devon and Somerset Fire and Rescue and is valid for three years.



Suggested Follow on and Complementary Courses

- City & Guilds 6160-03 Award in Working in High Risk Confined Spaces
- City & Guilds 6160-09 Entrant and Entry Controller for Confined Spaces (Medium Risk)