

Rescue 3 Swiftwater and Flood First Technician (SFT)

In partnership with Red One Limited

Introduction

The Rescue Technician course is intended for those personnel who will be required, in teams, to carry out rescues in a swiftwater and flood environment. The course is based on the philosophy of self-protection and application of low to high risk solutions.

The student can expect high practical involvement in water and application of skills to relate to their incident situations. The training is important as it will provide the necessary skills to enable them to operate safely and effectively during rescues.

Course Duration

SSG are able to offer this course in partnership with Red One Limited over four days.

Course Attendees

The course is designed for personnel from emergency services, mountain rescue teams and also other category 2 responders, as well as raft guides and those involved in coaching moving water activities e.g. kayaking.

Note

- Minimum age 18
- Medically fit and healthy
- Must be a confident swimmer

Course Programme

The course will cover the following:

- Rescue 3 philosophy and absolutes
- Hydrology
- Introduction to technical rescue equipment
- Hazard identification and risk assessment
- Introduction to rope systems
- National and International standards
- Personal and tea, equipment
- Swimming in moving water
- Channel crossing methods
- Entrapments
- Search options
- Management and organisations of water incidents
- Medical consideration
- Flat water boat handling
- Contact and in moving water rescues

Training Certification and Assessment

Upon successful completion of the course, a Rescue 3 certification is awarded at awareness water rescue. Students must complete a requalification every three years to maintain the qualification.

Suggested Follow on and Complementary Courses

- Safe Working in Water
- Safe Working near Water